

Greetings from IACAN. We hope you are all enjoying summer by relaxing, taking vacations and having fun in general. We are happy to announce that Dr. Indira Mutyala has joined our Board. She is a retired physician and planning to help IACAN in many ways. IACAN is moving forward with website revamping, enhancing spirituality project and organizing outreach and survivor programs.

IACA N always strives to bring therapeutic activities to the survivor group. Gardening is always a popular topic with them. So we invited Mrs. Suma Mudan, Fort Bend county Master Gardener to talk to our survivor group. On Saturday, April 22nd she gave a presentation on Texas Native Plants. All these plants grow easily in Houston area. Without spending much energy, one can have a colorful garden with these plants. Suma brought some flowers she grew in her garden for show and tell. She also brought Tulasi plants and booklets on Texas Native Plants for everyone to take home. Gardening is such a relaxing and fun activity!

This year we are trying to take some of our outreach programs out into suburbs. We note the fact that Indian population in Houston area is growing and many live in suburbs. So our effort to organize a Breast Cancer program in Clearlake area met with great success. The venue was University of Houston, Clear Lake and the title of the program was Prevention and current treatment strategies for Breast cancer. This was held on May 7th and speakers were Jennifer Hess, RN, and Dr. Amy Hassan, MD. Many in the audience had questions as it always happens in programs like this. The questions were answered in detail by the speakers .

It was brought to our attention that many large cancer centers across the country use music as a therapeutic tool. So on July 24th we had an Evening of Music for our survivor group at Bhojan restaurant. That was awesome! Mrs. Soumya Rege started the evening with a prayer song and switched to the Golden Oldies. Couple of Board Members danced to her beautiful voice. Mrs. Vasantha Narumanchi and Mrs. Vimala Ahobila played Veena, accompanied by Naga Srinidhi on mridangam. A beautiful rendition of South Indian classical music indeed! Next, Mr. Ravi Mukkamala charmed the audience with his melodious voice singing Hindi songs as well as one Telugu song. Food was excellent. Everybody relaxed and enjoyed the evening. May be we can have one musical evening every year?

As you can see we have been busy. What else are we doing, you ask? Get ready for the following events.

Anti-Cancer Living, July 23rd, 12:45 pm at Arya Samaj.

October Outreach event will be at India House. We will be sending information on this in September.

We look forward to seeing you both in July and October outreach events. Please do pass the information to others.

Also, we hope you are thinking of participating in Susan G. Komen "race for the cure". It is scheduled for October 7, 2017. You can register on their website www.komen-houston.org.

Questions? Here is our contact information: Phone: 713 370 3489

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