

The Optimist

Newsletter of Indian American Cancer Network

Volume 1: August 2010

Greetings to all from IACAN

We are excited to launch "THE OPTIMIST", our e-newsletter. The objective of this newsletter is to update you on activities of IACAN and the various programs we have to offer to help cancer patients, care givers, and their families. It will also serve as a tool to spread cancer awareness through educational messages and keep you abreast on recent developments. Please watch for our article titled "Cancer among Children" in the local Indian news papers in the week of August 27th.

The South Asian community is the fastest growing and the third largest Asian group in the U.S. The Indian American community represents the second largest Asian group in Houston and continues to grow. Cancer is a major health concern among Indian Americans. It has touched the lives of almost every one through a spouse, relative, friend or an acquaintance. The diagnosis of cancer can be frightening, depressing and devastating. Though there is help from relatives and friends, there is no organized central support system or a resource network in the community.

Given the uniqueness of our population, we have distinct psychological, social and practical needs. The Indian American Cancer Network (IACAN) is designed to provide a diverse network of resources that will address the psychosocial and the cultural needs of the community.

The success of IACAN is a reflection of your involvement, support and encouragement.

GET INVOLVED AND MAKE A DIFFERENCE!

**For more information, please visit
www.iacannetwork.org**

Upcoming events:

1. Indian Cancer Survivors Meeting

Date: Sunday, August 29th 2010
Location: India House, Room 124
Time: 3:00PM

2. 2010 Susan G. Komen Race for the Cure

IACAN has formed a team. Join hands and let us race for the cure.

Date: Saturday, October 2

Location: Downtown- Sam Houston Park

Click on the link below to register:

<http://www.komen-houston.org/#panel-3>

Please note September 26, 2010 is the deadline for online registration.

3. "The Epidemic of Breast Cancer- What Everyone Should Know"

An educational program to celebrate October as breast cancer awareness month.

Date: October 23rd 2010

Location: India House

Time: 3:00PM

Details to follow in our next issue of "The Optimist"

Thank you and we look forward for your support.

Sincerely,
The IACAN Board.



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